



Living with a serious illness can impact every part of your life.

Palliative care improves the lives of patients and families living with serious illness.

Here's what you should know...

Palliative Care Consult Service

For more information about palliative care please call:

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MSN, APN, NP-BC

Nurse Practitioner &

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Medical Director

From a hospital phone:

Extension 1-8650

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856-641-8650



Palliative Care Consult Service (PCCS)



For people living with serious illness...



What is Palliative Care?

Palliative Care is a medical specialty that focuses on the physical, emotional, and spiritual needs of people with serious illness. The goal of palliative care is to prevent and relieve pain, symptoms, and distress to improve the quality of life for patients and their families who have serious illness.

Palliative care can be provided at the same time as other medical treatments and at any time during a serious illness. It helps you live more comfortably and improves the quality of your life by treating symptoms. It is appropriate for both patients receiving medical treatments and for those near the end of life, whatever the diagnosis. The Palliative Care Consult Service is available to all hospitalized patients at South Jersey Healthcare.

Palliative Care may be especially helpful if you:

- Have a serious, life-threatening illness such as heart failure, advanced lung disease, cancer, AIDS, liver or kidney problems, neurological disease or dementia.
- Have significant discomfort
- Are seriously ill and facing questions about the future
- Are confused about your medical conditions and choices

How can the Palliative Care Consult Service at SJH help?

When you or your family member has a serious illness, you need answers, relief, expertise, and individualized care. The palliative care team at SJH has specialized knowledge and skills in helping people with serious illness. Working with your primary doctor we provide:

- Expert treatment of distressing symptoms such as nausea, fatigue, constipation, pain, breathlessness, depression, insomnia, or anxiety
- Improved quality of life for those living with serious illness
- Emotional and spiritual support for you and your family
- Guidance to help you understanding your illness and your choices for medical care
- Help in identifying what is important to you to give you the best quality of life.

Do I have to stop my current treatment to receive palliative care? No. The Palliative Care Consult Service works in partnership with your primary doctor throughout your hospitalization and treatments.

Is Palliative Care the same as Hospice? No. Hospice care is meant specifically for those approaching the last stages of life, while palliative care is appropriate for any stage of a serious illness.



How can you get palliative care services while in the hospital?

Tell your family, friends, and caregivers that you want palliative care. Then ask your doctor for a referral to the Palliative Care Consult Service.